

DR. PRAKASHA AMIN

PhD, MBA, MSW, (MSc Psychology), PGDHRM, SET, NET.

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SUMMARY

With 19 years of experience in higher education administration, I am a committed academic leader with expertise in strategic planning, faculty development, and student success initiatives. Known for effectively managing multiple priorities and aligning efforts with institutional objectives, I bring a results-driven approach to academic leadership.

WORK EXPERIENCE

- **DR. M.V. Shetty Institute of Professional Sciences and Management, Mangalore Karnataka, India.**
 - **Role: Principal & Academic Associate (2007-2025)**
- **DR. A. V. Baliga Memorial Hospital, Udupi, Karnataka, India.**
 - **Role: Clinical Social Worker and Counsellor (2006-2007)**

QUALIFICATIONS:

Doctor of Philosophy (PhD)- Full Time

[Central University of Kerala](#)

- Specialization in Psychiatric Social Work.
- Thesis on "Indigenous Healing in Mental Health Practice".

Master of Social Work (MSW)- Full Time

[Mangalore University, Karnataka](#)

- Specialization in Medical & Psychiatric Social Work.
- Thesis on "Knowledge and Attitude of People towards Mental Health Problems".

Master of Business Administration (MBA)- Full Time

[Mangalore University, Karnataka](#)

- Specialization in International Business.
- Thesis on "Perceived exposure to bullying at workplace and its impact on Behaviour, Psychological wellbeing and Job satisfaction of Employees".

Post Graduate Diploma in Human Resource Management (PGDHRM)- Full Time

[Roshni Nilaya, Mangalore, Karnataka](#)

Specialization in Human Resource Management & Industrial Relations.

MSc in Psychology (Pursuing) Distance Programme

[Karnataka State Open University, Karnataka](#)

OTHER QUALIFICATIONS

Karnataka State Eligibility Test (K-SET) in Management & Social Work

National Eligibility Test (NET) in Social Work

MEMBERSHIP WITH VARIOUS ACADEMIC BODIES:

- Members of the Doctoral Advisory Committee, Yenepoya (Deemed to be University), Mangalore, Since 2022
 - Member, Institutional Stem Cell Committee for Research (IC-SCR), Yenepoya (Deemed to be University), Mangalore, Since 2023
 - Member Board of Studies, St. Aloysius College (Autonomous), Mangaluru
 - Member Board of Studies, School of Roshni Nilaya (Autonomous), Mangalore
 - Question Paper Setter & Examiner for Mangalore University
 - Question Paper Setter & Examiner for SDM College (Autonomous), Ujjire
 - President Alumni Association Dr M.V. Shetty College of Social Work
 - Vice President, Alumni Association, Mangalore University Evening College, Mangalore
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CHAIR PERSON IN NATIONAL/INTERNATIONAL SEMINAR/CONFERENCE:

- Chaired a session at the International Student Social Workers' Symposium "SPANDANA-2025, organised by the School of Social Work, Roshni Nilaya, Mangalore, on 16th & 17th January 2025.
 - Chaired the technical session on "Sustainable Development Goal: Confluence of Local, National & Global Action' at the three-day international conference, organized by St. Aloysius, Mangalore, from 15th - 17th January 2025.
 - Chaired a session at the International Student Social Workers' symposium "SPANDANA-2023-Validation of Family Centered Social Work methods: Contemporary Challenges" held on 5th & 6th October 2023, organized by the PG Department of Social Work and Research.
 - Chaired the technical session on "Intervention Models with Rural and Tribal Communities" in XI Indian Social Work Congress-2023, organized by the Department of Social Work, Maulana Azad National Urdu University, and the National Association of Professional Social Workers in India, in Collaboration with the United Nations Population Fund India.
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AWARDS & ACHIEVEMENTS:

- Awarded Link Yuva Milana Award for outstanding performance in creating awareness on drug use and its Impact
 - Awarded Dr Ram Gopal Shetty Best Faculty Award for contribution to Institution Excellence
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PUBLICATIONS:

Books:

- Paper Contribution in the book 'Community Development-Evidence Based Indian Approaches'. Edited by Mohan A.K & Laxmi (2023). Today & Tomorrow Printers and Publishers, New Delhi. ISBN No. 9789391734466
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Journals:

- Amin, P. (2024). Integrating Artificial Intelligence in Mental Health Practice: A Perception of Mental Health Professionals. MSNIM Management Review, Vol. 2(2).
 - Anupama, & Amin, P (2023). Awareness about the causes and effects of drug use among nursing students. Indian Journal of Applied Research. 13(10). 55-57. DOI : 10.36106/ijar
 - Amin, P. & Mohan A.K. (2021). Efficiency and Outcome of Healing Practices Performed by Spirit Dancers in Healing Mental Illness – A Patient's Perspective. Journal of Evolution Med Dent Sci, 10 (11), 803-808.
 - Amin, P. & Mohan A.K. (2020). Knowledge of indigenous healers on mental health problems. Journal of Critical Reviews, 7(14), 2403-2410.
 - Amin, P. & Mohan A.K. (2020). Suicidal behaviour: A knowledge assessment of adolescents. Studies in Indian Place Names, 40 (71), 3816-3830.
 - Amin, P. (2020). Adaptive and maladaptive perfectionism and its effects prevail in adolescents. Purakala, 31 (17), 610-617.
 - Amin, P. & Mohan, A. K (2019). Indigenous Healing Practices and Beneficiaries' Perceptions. RESEARCH REVIEW International Journal of Multidisciplinary, 4(6), 2455-3085.
 - Amin, P. & Mohan, A. K (2018). Knowledge of Traditional Healers Towards Mental Illness. Adelaide Journal of Social Work, 5(1), 35-42.
 - Amin, P. & Banavalikar, R. (2017). Motivational factors for opting for a voluntary retirement scheme. Deeksha, 15(2), 25-31.
 - Amin, P. (2016). The attitude of traditional healers towards mental illness. International Research Journal of Management Sociology & Humanities, 7(11), 2348-9359.
 - Amin, P. (2015). Knowledge assessment of traditional healers relating to mental illness. Deeksha, 13(2), 65-70.
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Conference Proceedings:

- Amin, P. (2015). Women and mental health – a knowledge assessment study. proceedings of gender issues on campus & in society: Canara, Mangalore, Karnataka
- Amin, P. & Ramesh. (2012). Traditional healing practice in mental illness: A case study. proceedings of social work practice in multicultural practice: International Conference on Traditional Healing Practice in Mental illness: A Case Study, 108-113, Tumkur University, Karnataka.

PAPER PRESENTATIONS:

International:

- Amin, P. (2025, January). Psychological and Behavioural Impact of watching Korean Drama on Adolescent Girls. Paper presented at the two-day International Conference on Progressive India: Pathways to Sustainable Development and Inclusive Growth, Mangalore, Karnataka.
- Amin, P. (2025, January). HR Professionals' Perspectives on the Impact of Moonlighting on Employees' Performance and HR Management. Paper presented at the two-day International Conference on Progressive India: Pathways to Sustainable Development & Inclusive Growth, Mangaluru, Karnataka.
- Amin, P. (2025, January). Adolescent Girls' Perception About Causes and Impacts of Child Abuse. Paper presented at the two-day International Conference on Progressive India: Pathways to Sustainable Development and Inclusive Growth, Mangalore, Karnataka.
- Amin, P. (2024, June), Perception of Mental Health Professionals about the opportunities and challenges in integrating Artificial Intelligence in Mental health care, presented at the International Conference on "Adoption of Artificial Intelligence: Opportunities and Challenges in Business and Management" on 28th June 2024 at MSNIM, Mangalore.
- Amin, P. (2021, February), Workplace Bullying –An impact on mental health, presented at the International E-conference on “Mutation Challenges in Commerce and Management Education”, Mangalore, Karnataka
- Amin, P. (2018, October). Indigenous Healing Practice and Beneficiaries’ Perception. Paper presented at the International Conference on Intercultural Social Work, Manipal, Karnataka
- Amin, P. (2012, March). Traditional Healing Practice in Mental Illness: A Case Study. Presented at the International Conference on Social Work Practice in Multicultural Contexts. Tumkur, Karnataka.

National :

- Amin, P. (2023 October). Awareness about the cause and effects of drug use among Students. Presented at the XI Indian Social Work Congress-2023 Organized by the Department of Social Work, Maulana Azad National Urdu University and the National Association of Professional Social Workers in India in Collaboration with the United Nations Population Fund India.
- Amin, P. (2022, Agust). Pathways to Mental Health Care service among Pambada Tribes. Paper presented at the two days National Conference on Indian Approaches to Human Resources and Community Development, Periyar, Kerala.
- Amin, P. (2021, July). Workplace Bullying – An Impact on Mental Health. Presented at the International E-Conference on Mutation Challenges in Commerce & Management Education

National :

- Amin, P. & Mohan A.K. (2020, March). Knowledge Assessment of Indigenous Healers on Mental Health problems. Paper presented at the Annual National Conference of Indian Society of Professional Social Work on Social Work Practice emerging trends and challenges. Ranchi, Jharkhand.
 - Amin, P. & Mohan A.K. (2019, September). Beliefs among Lambani Tribes. Paper presented at the Two-Day National Conference on Social Inclusion and Development of Scheduled Tribes in India, Amarkantak, Madhya Pradesh.
 - Amin, P. & Mohan A.K. (2017, November). Knowledge of Traditional Healers towards mental illness. Paper presented at the 5th Indian Social Work Congress on Social Work Profession and Social Realities: Response and Ripostes, Kalady, Kerala.
 - Amin, P. (2017, March). Understanding traditional healing approaches in Mental Illness. Paper presented at the day National Seminar on Contemporary Challenges of Social Work Practice in Different Settings, Dakshina Kannada, Karnataka.
 - Amin, P. (2015, January). Women and Mental Health – A Knowledge Assessment Study. The Paper was presented at the National Conference on Gender Issues on Campus & in Society, Mangalore, Karnataka.
 - Amin, P. (2015, March). Depression among Institutionalised Elders. Paper presented at the One day National Conference on Understanding the Elderly & Upholding their Dignity, Mangalore, Karnataka.
 - Amin, P. (2014, February). Knowledge of parents about Child Abuse. Paper presented at the One day National Conference on Child Abuse –Issues and concerns, Mangalore, Karnataka.
 - Amin, P. (2010, October). Mental Health and Traditional Healing Practice. Paper Presented at the National Conference on Critical Reflections on Social Work, Kannur, Kerala.
 - Amin, P. (2009, February). Mental Health Knowledge among Community People. Paper presented at the Annual National Conference of Indian Society of Professional Social Work, Bhimavaram, Andhra Pradesh.
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State/ University:

- Amin, P. (2012, March). A relationship- Insight. Paper presented at the inter-college Seminar on Social Work Intervention in various Humanitarian Service, N.R Pura, Karnataka.
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ACADEMIC & CO-CURRICULAR ACTIVITIES

- Invited as a resource person to speak about Addiction, Mental Health, Personality Traits, Unconscious Mind, and Self-awareness.
- Educated more than 2000 adolescents on substance abuse, covering more than 50 colleges in Mangalore & Kasaragod

Took the initiative to prepare College Theme songs and short Videos on Social Issues.
